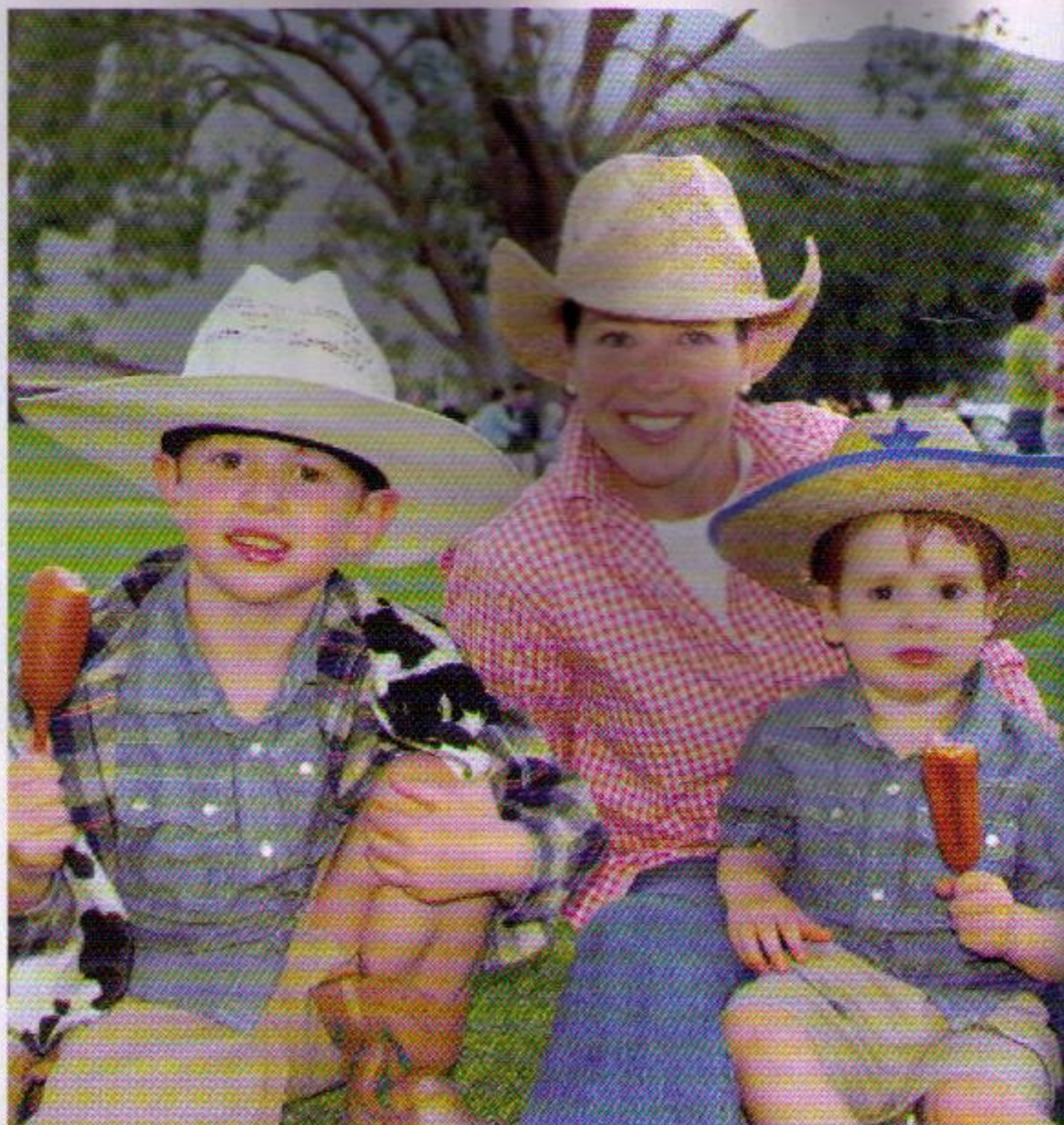


Having a BAWL

I've always been a crier, one of those people who can't make it through a touching commercial without grabbing for the nearest box of Kleenex. In fact, the other night while Mason was teaching me a new song he'd learned at school—a rare, sweet moment that many mothers of boys wait a lifetime for—I teared up so badly, my normally self-involved 5 year old stopped and asked me what was wrong. He listened politely to my blubbering explanation, but I'm pretty sure he's done singing for me for good.

When I was about six months pregnant with him, I had a run-in with a male co-worker who shall remain nameless. We had one of those awkward Mexican-standoff conversations that left us both angry. Before I broke my number-one rule of no crying at the office, I went back to my desk, grabbed my purse, and bolted for the elevator. A few minutes later, I sat down for a pedicure and let loose with a torrent of tears that startled the poor salon owner. She kept asking me if I needed her to call the paramedics or police, but I couldn't speak, I just nodded my head no. This went on for at least 20 minutes, during which every time someone new walked into the salon, everyone there had to assure them that I was OK. My toenails looked great, but I never went back to that salon.

Pregnancy tears can be startling in their frequency and intensity. Even though they come and go fairly quickly, in my experi-



Happy trails: another Tuller family vacation.

ence, they never hit at a convenient time and they are always way out of proportion to the actual event. Our story "Big Girls Do Cry" (p. 48) touches on the benefits of embracing those hormonal waves and just letting 'er rip when the need strikes—not that you have any choice in the matter. I hope you find it helpful. Sniff.

Yes, in this issue we encourage a good cry, but we also recommend that you to hit the road—both with bump and baby. If you're feeling good during your pregnancy, nothing should stop you from enjoying these last months of freedom (p. 45).

And once baby comes, many new families hear "maternity leave" but think "a month in Europe." If you're the adventurous type, we'll show you plenty of places to go with baby in tow (p. 24 and p. 103), so get out there! Also, check out the best infant travel gear (p. 91) and great resort fashions for the perfect babymoon (p. 78). ☺

Safe travels,

Abbie

Abigail Tuller
Editor in Chief



love this!

OK, so this product is a bit early for you, so make a note of it for the not-so-far future. The Kaboost portable chair booster is perfect for when your baby is ready to be at the table. With two height adjustments, it easily snaps on to the bottom of any chair. \$30, target.com